History
Pre-, peri- and post- natal history
Onset and progression
Associated pain
Delayed development
Regression of development
Trauma
Seizure
Strenuous exercise
Headache / vomiting
Bowel/bladder function
Wound
Tick / Toxin ingestion
Medications
Fever, systemic upset / flu-like illness
Rash
Neck / back pain
Family history
Psychosocial stressors

Examination
Fever, systemic wellness
Respiratory status / Speech / feeding
Muscle inspection
- Atrophy/hypertrophy
(including tongue) - Tenderness
- Fasciculations
- Contraction with
percussion (myotonia)
Muscle tone
Muscle power
- Proximal / Distal
 Manual muscle testing
- CMAS
Neurological exam
- Gait
- Reflexes – upper motor neuron vs lower
- Cranial nerves
- Sensation
- Rectal tone
Developmental assessment
Spine
Wound / tick
Rash
Nail fold capillaries
Calcinosis
Lipodystrophy
Lymphadenopathy
Hepatosplenomegaly
Joint range of movement
Arthritis