



### Observations and Examination of the hand and wrist

	2/ 00	Clinical findings/Comments
	√ no	chinical multigs/comments
	concerns, X concerns	
_ook	CONCEINS	
LOOK		
Feel		
Move		
Function		
Additional Tests		
<ul> <li>Tinel's Test (carpal tunnel</li> </ul>		
syndrome)		
Nail fold capillaroscopy		
Peripheral nerves		
Peripheral nerves		
Peripheral pulses		
Hypermobility		
- nadiatric		
REMS Regional Examination of the		pREMS Comp pREMS Ch
Musculoskeletal System		





# **Observations and Examination** of the elbow $\sqrt{100}$ no concerns, **Clinical findings/Comments** X concerns Look Feel Move Function **Additional Tests Muscle power Peripheral nerves Peripheral pulses** Hypermobility Enthesitis pREMS Components PREMS

**pREMS** Checklist

#### **Observations and Examination**

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	of the shoulde		
	1000000000000000000000000000000000000	Clinical findings/Comments	
	X concerns		
Look			
Feel			
Move			
Function			
Additional Tests			
Muscle power			
Peripheral nerves			
Peripheral pulses			
Hypermobility			
PREMS paediatric Regional Softwation of the Musculoskeletal System	I J	pREMS Components pREMS Checklist	



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#### of the spine

X concerns	Clinical findings/Comment





## **Observations and Examination** of the hip $\sqrt{100}$ no concerns, **Clinical findings/Comments** X concerns Look Feel Move Function **Additional Tests** Leg length measurement Leg alignment Sacroiliac joints Thomas test **Trendelenburg test** Gower's test Entheses **Muscle power** Hypermobility



pREMS Components pREMS Checklist

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The second se		Observations and Examination of the knee
	$\sqrt[]{}$ no concerns, X concerns	Clinical findings/Comments
Look		
Feel		
Move		
Function		
Additional Tests		
Cruciate/collateral ligament stability		
Clarke's test		
Patellar tracking		
Thigh foot angle		
Hamstring tightness (popliteal angle)		
Iliotibial band tightness		
Knock knee/bow leg		
Thigh girth measurement		
Muscle power		
Hypermobility		
Normal development of leg alignment		
Paediatric Regional Examination Examination Examination Examination Examination Examination Examination System		pREMS Components pREMS Checklist

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## **Observations and Examination** of the foot and ankle $\sqrt{100}$ no concerns, **Clinical findings/Comments** X concerns Look Feel Move Function **Additional Tests Peripheral pulses** Thigh foot angle Hypermobility Entheses **Muscle power** Nail fold capillaroscopy pREMS Components PREMS **pREMS** Checklist

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