

RED FLAGS

SEEK URGENT MEDICAL ADVICE/A & E/RAPID RESPONSE

Possible Slipped Upper Femoral Epiphysis (SUFE)

- Aged 10-16 years with hip, groin, distal thigh pain
- Leg pain on weight bearing
- Pain on passive hip movements

Possible septic arthritis

- Severe pain in joint/joints
- Significant swelling/heat/redness
- Persistent fever
- Systemically unwell

Possible cancer

- Unexplained bruising
- Unremitting pain/night pain
- Weight loss
- Systemic illness
- Morning headaches +/- nausea/vomiting

Possible neurological problem

- Muscle wasting/weakness
- Sensory changes
- Bladder or bowel problems
- Loss of motor milestones
- Swallowing/feeding difficulties

This list is not exhaustive, be suspicious of atypical presentations, worsening symptoms and if in doubt discuss with senior colleagues.

If non-accidental injury (NAI) is suspected, refer to local safeguarding procedures and policy immediately